

# Seniors

## San Rafael Goldenaires

San Rafael Goldenaires meets at the San Rafael Community Center, 618 "B" Street. The club offers adults over the age of 62 the opportunity to meet other people. Fee: \$25 per year.



Classes include: exercise, woodcarving, painting, mahjong, writing group,

bocce, bridge, computers and a crafts boutique. Special events include monthly trips around the Bay Area, Reno, Indian Casinos, Broadway theatre productions, extended tours throughout the state, country and Europe, weekly Bingo games (with a hot meal provided by Good Earth Natural Foods at a donation of \$2), special luncheons, dinner dances and a craft fair. For a brochure call 485-3348. Office hours Monday through Thursday, 9:00-4:00PM and Friday from 9:00-3:00PM.

## Terra Linda Seniors

Terra Linda Senior Citizen Organization meets at the Terra Linda Community Center, 670 Del Ganado Road from 10-2:30PM every Tuesday. Activities include: weekly bingo games and occasional luncheons and plenty of time to socialize. Adults 55 years and older are welcome to join the group for a fee of \$15 per year. For more information call 485-3341/3341.

## Pickleweed Park Community Center Multi-Cultural Older Adult Programs

Older adults of all ethnicities in Marin are welcome to



come to the Pickleweed Park Community Center where we provide one with opportunities for socialization and integration. The group meets every other Friday from 11-12Noon. Special programs are sponsored by Whistlestop, San Rafael Community Services and the Marin County Division of Aging and Adult Services. Good Earth Natural Foods provides a hot, nutritional lunch program served at 12:00 noon for a donation of \$2 for those over 60 years of age and a \$6 donation for those under 60 years. Reservations for lunch may be made by calling 415-382-1334 by the Wednesday before. "This program is made possible through funds from the Federal Older American Act, administered locally by the Marin County Health & Human Services, Division of Aging & Adult Services."



Join in on the activities and meet new friends. Bring your ideas on what type of programs and activities you would like to start at the Center. Our largest populations at present are Hispanic/Latino and Vietnamese, although we welcome all older adults. For more information contact the Whistlestop at 456-9062 or the San Rafael Community Services Department at 485-3341.

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